

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Minced pork sage & onion slice with penne pasta in a tomato & secret vegetable garlic sauce <b>Ce Cel</b>	Chicken & broccoli in a 3-cheese sauce with baked potato <b>Da</b>	Tuna & Mackerel provencale with brown & white basmati rice <b>Cel Fi</b>	Boned & rolled roast chicken, roast potatoes & farmhouse vegetables <b>Cel Ce</b>	Beef & vegetable bolognese with wholemeal pasta twists <b>Cel Ce</b>
Dessert	Banana and vanilla ice cream pots <b>Da</b>	Honeydew melon, peach & plum cocktail	Natural yoghurt with peach & banana <b>Da</b>	Watermelon, pineapple & strawberry cocktail	Raspberry sponge <b>Da Eg Ce</b>
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tuna & vegan mayo filled soft white roll <b>Ce, So, Fi</b> Grated Carrot	Fill your own tortilla with grated cheese & sliced tomato <b>Ce Da</b>	Pitta pizzas <b>Ce So Da</b> , Sweetcorn & diced cucumber	Turkey & philly sandwiches <b>Da So Ce</b> , Carrot Sticks	Homemade baked beans <b>Cel</b> with a cheese scone <b>Da Cel Ce Eg</b>
Dessert	Natural yoghurt with chopped apricots <b>Da</b>	Blueberry Muffin <b>Da Eg Ce</b>	Apple & cinnamon wheels <b>Da Ce</b>	Cherry oat bar <b>Da Ce</b>	Oaty fruity biscuit <b>Da Ce</b>

Vegetarian WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spinach, lentil, sage and onion slice with penne pasta in a tomato & secret vegetable garlic sauce <b>Ce Cel</b>	Chickpeas & broccoli in a 3-cheese sauce with baked potato <b>Da</b>	Butterbean provencale with brown & white basmati rice <b>Cel</b>	High iron vegetable loaf, roast potatoes & farmhouse vegetables <b>Cel Ce</b>	Lentil & vegetable bolognese with wholemeal pasta twists <b>Cel Ce</b>
Dessert	Banana and vanilla ice cream pots <b>Da</b>	Honeydew melon, peach & plum cocktail	Natural yoghurt with peach & banana <b>Da</b>	Watermelon, pineapple & strawberry cocktail	Raspberry sponge <b>Da Eg Ce</b>
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Cheese & cucumber filled white roll <b>Ce Se Da</b> Grated Carrot	Fill your own tortilla with grated cheese & sliced tomato <b>Ce Da</b>	Pitta pizzas <b>Ce So Da</b> , Sweetcorn & diced cucumber	Marmite & philly sandwiches <b>Da So Cel, Ce</b> Carrot Sticks	Homemade baked beans <b>Cel</b> with a cheese scone <b>Da Cel Ce Eg</b>
Dessert	Natural yoghurt with chopped apricots <b>Da</b>	Blueberry Muffin <b>Da Eg Ce</b>	Apple & cinnamon wheels <b>Da Ce</b>	Cherry oat bar <b>Da Ce</b>	Oaty fruity biscuit <b>Da Ce</b>

Halal WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Minced turkey sage & onion slice with penne pasta in a tomato & secret vegetable garlic sauce <b>Ce Cel</b>	Chicken & broccoli in a 3-cheese sauce with baked potato <b>Da</b>	Tuna & Mackerel provencale with brown & white basmati rice <b>Cel Fi</b>	Boned & rolled roast chicken, roast potatoes & farmhouse vegetables <b>Cel Ce</b>	Lentil & vegetable bolognese with wholemeal pasta twists <b>Cel Ce</b>
Dessert	Banana and vanilla ice cream pots <b>Da</b>	Honeydew melon, peach & plum cocktail	Natural yoghurt with peach & banana <b>Da</b>	Watermelon, pineapple & strawberry cocktail	Raspberry sponge <b>Da Eg Ce</b>
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tuna & vegan mayo filled soft white roll <b>Ce, So, Fi</b> Grated Carrot	Fill your own tortilla with grated cheese & sliced tomato <b>Ce Da</b>	Pitta pizzas <b>Ce So Da</b> , Sweetcorn & diced cucumber	Turkey & philly sandwiches <b>Da So Ce</b> , Carrot Sticks	Homemade baked beans <b>Cel</b> with a cheese scone <b>Da Cel Ce Eg</b>
Dessert	Natural yoghurt with chopped apricots <b>Da</b>	Blueberry Muffin <b>Da Eg Ce</b>	Apple & cinnamon wheels <b>Da Ce</b>	Cherry oat bar <b>Da Ce</b>	Oaty fruity biscuit <b>Da Ce</b>

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Pork & vegetables in a tomato sauce with penne pasta <b>Ce</b>	Chicken & broccoli in a cheese sauce with baked potato <b>Da</b>	Tuna & sweet potato bake with basmati rice <b>Fi</b>	Roast chicken with roast potatoes & farmhouse vegetables	Beef & vegetable bolognese with fusilli pasta <b>Ce</b>
Fruit	Banana and Pear Puree	Green Apple & Paw Paw Puree	Galia Melon & Mango Puree	Red Apple & Banana Puree	Pear & Mango Puree
Tea	Country vegetable bake	Pork & vegetable medley	Macaroni & vegetable cheese <b>Da Ce</b>	Tuna & vegetable medley <b>Fi</b>	Cod & vegetable hot pot <b>Fi</b>
Baby Menu					

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Butterbeans & vegetables in a tomato sauce with penne pasta <b>Ce</b>	Broccoli & cauliflower in a cheese sauce with baked potato <b>Da</b>	Chickpeas & vegetables with basmati rice	Parsnip & golden vegetables with roast potatoes	Lentil & vegetable bolognese with fusilli pasta <b>Ce</b>
Fruit	Banana and Pear Puree	Green Apple & Paw Paw Puree	Galia Melon & Mango Puree	Red Apple & Banana Puree	Pear & Mango Puree
Tea	Country vegetable bake	Tofu & vegetable medley <b>So</b>	Macaroni & vegetable cheese <b>Da Ce</b>	Couscous with golden vegetables <b>Ce</b>	Butterbean & vegetable hot pot

## Baby Veg Menu

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Swede Puree	Sweet Potato Puree	Carrot Puree	Cauliflower Puree	Broccoli Puree
Fruit	Banana Puree	Paw Paw Puree	Mango Puree	Apple Puree	Pear Puree
Tea	Parsnip Puree	Broccoli Puree	Parsnip Puree	Swede Puree	Sweet Potato Puree

## Early Weaner Menu

Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Puree	Cod, Cauliflower, & Swede <b>Fi</b>	Chicken, Spinach & Sweet Potato	Turkey, butternut Squash and Carrot	Cod, Spinach & Cauliflower <b>Fi</b>	Chicken, Broccoli & Carrot
Veg Puree	Cauliflower & Swede	Spinach & Sweet Potato	Butternut Squash Puree & Carrot	Spinach & Cauliflower	Broccoli & Carrot
Tea	Parsnip & butternut Squash puree	Potato & Broccoli puree	Cauliflower & Parsnip puree	Swede & Butternut Squash puree	Sweet Potato & Parsnip Puree
Dessert	Banana & Pear Puree	Green Apple & Paw Paw Puree	Galia Melon & Mango Puree	Red Apple & Banana Puree	Pear & Mango Puree

## Vegetable & Meat Weaning Menu



Summer Menu WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Pork & vegetables in a tomato sauce with penne pasta Ce	Chicken & broccoli in a cheese sauce with baked potato Da	Tuna & sweet vegetable bake with basmati rice Fi	Roast chicken with roast potatoes & farmhouse vegetables	Beef & vegetable bolognese with pasta Ce
Dessert	Banana & vanilla ice cream Da	Honeydew melon & peach cocktail	Natural yoghurt with peach & banana Da	Watermelon & pineapple cocktail	Vanilla Sponge Da Eg So Ce
Tea	Country vegetable bake	Pork & vegetable medley	Macaroni & vegetable cheese Da Ce	Tuna & vegetable medley Fi	Cod & vegetable Hot Pot Fi
Dessert	Natural yoghurt with pureed pear Da	Natural yoghurt with pureed apple Da	Natural yoghurt with pureed paw paw Da	Natural yoghurt with pureed banana Da	Natural yoghurt with pureed mango Da

## Big Baby Menu